

## 소아 만성 콩팥병 코호트의 초기 3년간의 자료를 바탕으로 한 삶의 질 평가

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### Assessment of Quality of Life in Children with Chronic Kidney Disease Based on First 3 Years Data of The Pediatric CKD Cohort

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**Objectives:** Quality of life (QOL) is an essential subject in children with chronic kidney disease (CKD) and their family. In Korea, a 10-year longitudinal study on the patient and renal survival by specific causes of CKD (KNOW-CKD study) has been pursued from 2011 and pediatric cohort is one of subgroups in the groups of KNOW-CKD study.

**Methods:** We performed a cross-sectional investigation of QOL in children with CKD (Pediatric cohort) using the PedsQL 4.0 Generic Core Scale Module. During 3 years, total 300 pediatric patients with CKD aged 2-18 year old were enrolled from five Korean university hospitals.

**Results:** The male to female ratio was 199:101 and mean age was 10.1 years old. According to CKD staging, patients were distributed as follows; stage I 47, stage II 53, stage III 101, stage IV 54, stage V 45. Patients with higher CKD stage had significantly lower QOL score in all domains of the parent-proxy reports, but not child-self reports. According to gender, boys had a tendency to present better QOL than girls in the child-self reports, especially in emotional functioning, psychosocial health summary score and total score, but, in the parent-proxy reports, there was no significant difference between these two groups. Age discrepancy was not a significant factor to decide QOL in children with CKD. In addition, there was significant difference between parent-proxy reports and child-self reports and QOL scores in the child-self reports was significantly higher than in the parent-proxy reports, especially in the domains of emotional, school functioning and psychosocial health summary score.

**Conclusions:** Residual renal function and gender in children with CKD can be important factors to decide QOL, but there was a significant difference of these results between parent-proxy and child-self reports. Therefore, we need systemic, individualized supporting tools to improve QOL of children with CKD and their families.

**Key Words:** 만성 콩팥병, 삶의 질, 소아  
CKD, QOL, Children